



Défense National
nationale Defence

Regional Cadet Support Unit (Eastern)
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1085-2 (J1)

26 September 2018

To Parents / Guardians

CADET HAVING FOOD SENSITIVITY OR RISK OF ANAPHYLAXIS

The Canadian Cadet Organizations (CCO) have adopted forms for cadets who have food sensitivity or other life-threatening allergies.

These forms will allow the personnel who supervise your child to react promptly during an emergency situation. It is therefore important that cadets who have a risk of anaphylaxis have in their possession, at all times, two EpiPens and a copy of the "Anaphylaxis Emergency Plan" when participating in Program activities.


In the event that a cadet has a severe allergic reaction, the decision to allow the cadet to continue participating in the activity will be thoroughly studied by the medical personnel and the cadet could be returned home if they were assessed as unable to continue training or the activity.

Our goal is to ensure that as many cadets as possible can participate and safely enjoy the activities offered by the Cadet Corps and Squadrons and during the summer program. We want to remind you that our main concern is the safety and health of all our cadets. If your child has a food sensitivity or a risk of anaphylaxis, they will not be able to participate in the activities of the Cadet Program until the documents are duly completed and submitted.

A chart is available on the back for your convenience and we invite you to read it to be able to complete the right form applicable to each reality.

If you have questions about this process, I invite you to contact the RCSU Eastern's Medical Liaison Officer, Captain Isabelle Soucy, at 1-800-681-8180 extension 668-6934 or by email at isabelle.soucy@forces.gc.ca.

The J1,



Major Karine Roy

Attachment: 1

Documents to complete

	Titles of documents:			
	Consent form in case of anaphylactic shock	Emergency plan for anaphylaxis (<u>the form must be signed by the attending physician or you must attach the prescription</u>)	Consent form for risk of non-food anaphylaxis	Consent form for cadets having food sensitivity
If a cadet has food sensitivity (i.e. food intolerance that does not cause anaphylactic shock) and participates in an activity with a meal				X
If a cadet has a food allergy that can cause an anaphylactic shock	X	X <i>Always have with them 2 EpiPens and a copy of this emergency plan must be with the EpiPens</i>		X
If a cadet has a risk of non-food related anaphylaxis	X	X <i>Always have with them 2 EpiPens and a copy of this emergency plan must be with the EpiPens</i>	X	
If a cadet has other sensitivities without anaphylactic reactions (i.e., sensitivity to medication, insect bite)	No form to complete			